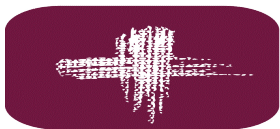



# Lent


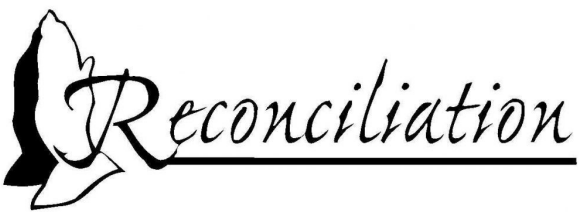



**Ash Wednesday**  
Distribution of the Ashes  
&  
Mass Times  
**March 6th**  
8:00 a.m. 12:00 p.m. & 7:00 p.m.

**Stations of the Cross**  
**Adoration & Reconciliation**

**Fridays during Lent:**  
Stations of the Cross 6:30 p.m. - 7:00 p.m.  
Reconciliation 7:00 p.m.-7:30 p.m.  
Adoration 8:30 a.m.-10:00 p.m.

**St. Mary School Stations:** Fridays at 2:15 p.m.

**COMMUNAL PENANCE SERVICES**

**DIOCESAN COMMUNAL PENANCE SERVICE**

Sunday March 31st at 2:00 p.m.  
St. Thomas Aquinas, East Lansing  
and  
St. Gerard, Lansing

**PARISH PENANCE SERVICE**  
Wednesday, April 10th at 7:00 p.m.



**holy week**

**Easter Triduum**

**HOLY THURSDAY April 18th**  
10:30 AM Chrism Mass-St. Mary Cathedral, Lansing  
7:00 PM Mass of the Lord's Supper-St. Mary  
Adoration of the Blessed Sacrament:  
Follows after Mass until 8:00 AM Friday


**GOOD FRIDAY April 19th**  
1:00 PM Liturgy of Good Friday  
Stations of the Cross: Immediately following

**HOLY SATURDAY April 20th**  
11:00 AM Blessing of Food in Church  
**NO 4:30 PM Mass**

**EASTER VIGIL MASS April 20th**  
8:30 PM  
Service of Light  
Liturgy of Word  
Baptism, Reception, Confirmation  
Liturgy of the Eucharist  
*Reception to Follow in St. Joseph Hall*

**EASTER SUNDAY April 21st**  
MASSES: 9:00 & 11:00 AM

**INDIVIDUAL CONFESSIONS**



The Sacrament of Reconciliation is available on **Saturdays** immediately following 9:00 a.m. Mass and from 3:30-4:25 p.m., and **Sundays** from 8:30-8:55 a.m. and 10:30-10:55 a.m.

**FASTING AND ABSTINENCE**

**ASH WEDNESDAY** and **ALL FRIDAYS** during Lent are days of abstinence. Those age 14 and older, *whose health allows*, are to refrain from eating meat.

**ASH WEDNESDAY** and **GOOD FRIDAY** are **DAYS OF FASTING** for all adults age 18-59, *whose health allows*. There is **NO** snacking between meals. The intention is that all meals consist of lighter portions and simple foods.